A selection of Supplications
From Al-Qur’an and Authentic Hadith

“When My servants ask you about Me, I am always near. I answer their prayers when they pray to Me. The people shall respond to Me and believe in Me, in order to be guided”.

(Al-Qur’an 2:186)

FOREWORD

In the name of Allah, the Beneficent, the Merciful

All praise is due to Allah (SWT), the Almighty. We all praise Him, seek His Help, and ask His Forgiveness. We seek refuge with Him from the evil of our souls, and from our sinful deeds. He whom Allah (SWT) guides, no one can mislead him, and whoever Allah (SWT) misguides, no one can guide him. I bear witness that there is no deity worthy of worship but Allah (SWT), and I bear witness that Muhammad (pbuh) is truly His servant and Messenger.

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We pray to Allah (SWT) for guidance and help. Surely, He is over all things Powerful. May Allah (SWT) accept our effort and put it on our scale of good deeds on the Day of Resurrection to outweigh the evil deeds. Aameen.

ISLAMIC_KNOWLEDGE TEAM
DUA (SUPPLICATION)

Dua (supplication) in Islam is one of the most beautiful and profound aspects of worship. It is a direct channel to communicate personally with your Creator, Who is ever Present, and ever ready to Respond.

THE MERIT OF MAKING DU’A

"Then do remember Me; I will remember you. Be grateful to Me, and reject not Faith": (Qur’aan: 2:152)

"Those who believe & whose hearts find satisfaction in remembrance of Allah for without doubt in remembrance of Allah do hearts find satisfaction": (Qur’aan: 13:28)

The Prophet (pbuh) said that Allah, the Exalted and Glorious, thus stated: “I am near to the thought of My servant as he thinks about Me, and I am with him as he remembers Me. And if he remembers Me in his heart, I also remember him in My Heart, and if he remembers Me in assembly I remember him in assembly, better than his (remembrance), and if he draws near Me by the span of a palm, I draw near him by the cubit, and if he draws near Me by the cubit I draw near him by the space (covered by) two hands. And if he walks towards Me, I rush towards him”.

(Muslim, Book 035, Number 6471)

BEST TIMES TO MAKE DUA

There are certain times Dua is more likely to be accepted by Allah (SWT) as mentioned by Prophet (pbuh). Some of these times are as follows:

1. THE LAST THIRD OF THE NIGHT
The Prophet (pbuh) said: “When it is the last third of the night, our Allah (SWT), the Blessed, the Superior, descends every night to the heaven of the world and says, ‘Is there anyone who invokes Me (demand anything from Me), that I may respond to his invocation; Is there anyone who asks Me forgiveness that I may forgive him?’”

(Bukhari, Volume 8, Book 75, Number 333)

2. AN HOUR ON FRIDAY
The Prophet (pbuh) said, “Seek the time in which hope is placed on Friday from after the afternoon prayer till sunset.”

(Muslim, Book 035, Number 409)

3. THE NIGHT OF ‘QADR’ (DECREE)
This night in Ramadan is the greatest night of the year. The Almighty Allah (SWT) said about it, “The night of Al-Qadar (Decree) is better than a thousand months.” (Qur’aan 97:3)

4. THE DUA OF A MUSLIM FOR HIS MUSLIM BROTHER OR SISTER
The Prophet (pbuh) said “He who supplicates for his brother behind his back (in his absence), the Angel commissioned (for carrying dua to his Lord) says: Ameen, and it is for you also”.

(Muslim, Book 035, Number 6589)

5. DUA DURING THE MONTH OF RAMADAN
The Prophet (SAW) said, “When the month of Ramadan comes, the gates of mercy are opened, and gates of Hell are locked and devils are chained”.

(Muslim Book 6, No. 2361)

6. A TRAVELLER’S AND A PARENT’S DUA
The Prophet (SAW) said, three duas are answered, there being no doubt about them; that of a father, that of a traveller and that of one who has been wronged.

(Abu Dawud Book 8, Number 1531)

GLORIFICATION OF ALLAH

"Allah is He, than Whom there is no other god- the Sovereign, the Holy One, the Source of Peace (and Perfection), the Guardian of Faith, the Preserver of Safety, the Exalted in Might, the Irresistible, the Supreme: Glory to Allah. (High is He) above the partners they attribute to Him”.

(Qur’aan: 59:23)
THANKING ALLAH

Waith taaththana rabbukum lain shaekartum laazeedannakum walain kafartum inna AAathabee lashaadeedun

And remember! Your Lord caused to be declared (publicly): "If you are grateful, I will add more (favours) unto you. But if you show ingratitude, truly My punishment is terrible indeed."

(Qur’aan: 14:7)

Alhamdu lillahi allathee hadana lihatha wama kunna linahtadiya lawla an hadana Allah

"Praise be to Allah, who has guided us to this (felicity), never could we have found guidance, had it not been for the guidance of Allah."

(Qur’aan: 7:43)

Rabbi awzI Anee an ashkura niAAmatake allatee anAAamta AAalayya waAAala wallidayya waan

"O my Lord! So order me that I may be grateful for Your favours, which you have bestowed on me and on my parents, and that I may work the righteousness that will please You: And admit me, by Your Grace, to the ranks of Your righteous Servants."

(Qur’aan: 27:19)

TRUST IN ALLAH

Innee tawakkaltu AAala Allahi rabbee warabbikum ma min dabbatin illa huwa akhilun

"I put my trust in Allah, My Lord and your Lord! There is not a moving creature, but He has grasp of its fore-lock. Verily, it is My Lord that is on a straight Path”.

(Qur’aan: 11:56)

Qul huwa alrrahmanu amanna bihi waAAalayhi tawakkalna fasataAAlamoona man huwa fee

Say: “He is (Allah) Most Gracious, We have believed in Him, and on Him have we put our trust. So, soon will you know which (of us) it is that is in manifest error.”

(Qur’aan: 67:29)

Faqaloo AAala Allahi tawakkalna rabbana la tajAAalna fitnatan lilqawmi alththalimeena

"In Allah do we put our trust. Our Lord! Make us not a trial for those who practise oppression. And save us by Your Mercy from those who disbelieve.”

(Qur’aan: 10:85-86)

Waith taaththana rabbukum lain shakartum laazeedannakum walain kafartum inna AAathabee lashaadeedun

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Qul huwa alrrahmanu amanna bihi waAAalayhi tawakkalna fasataAAlamoona man huwa fee
dalain mubeenin

"This is by the Grace of my Lord! To test me whether I am grateful or ungrateful! And if any is grateful, truly his gratitude is (a gain) for his own soul, but if any is ungrateful, truly my Lord is Free of all Needs, Supreme in Honour !"

(Qur’aan: 27:40)

Bismillaahi, tawakkaltu ‘alallaahi, wa laa hawla wa laa quwwata ilaa billaah.

"In the name of Allah, I trust in Allah; there is no might and no power but in Allah."

(Abu Dawud, Book 41, Number 5076)

The Prophet (SAW) said, "say Laa hawla wa laa quwwata illa billah, for it is one of the treasures of Paradise."
**DEPENDANCE ON ALLAH**

Innee wajjahtu wajhiya lillathee fatara alssamawati waalardi haneefan wama ana mina almsirikeena

"For me, I have set my face, firmly and truly, towards Him Who created the heavens and the earth, and never shall I give partners to Allah."

(Qur’aan: 6:79)

**PROTECTION FROM SHAYTAAN**

Waqul rabbi aAAoothu bika min hamazati alshshayateeni WaaAAoothu bika  rabbi an yahdurooni

And say: “O my Lord! I seek refuge with You from the whisperings (suggestions) of the Shayatin (devils)  “And I seek refuge with You, My Lord! lest they should come near me.”

(Qur’aan: 23:97)

**BLESSINGS ON PROPHET MUHAMMED (SAW)**

Allahumma Rabba hadhihi-d-da’ wattal-tammati was-salatif qaimati, ali Muhammadan al-wasilata wal-fadilata, wab’ athhu maqaman mahmundan-il-ladhi wa’ adtahu (innaka laa tukhliful-mee’aad).

"Oh Allah, Lord of this perfect call and established prayer. Grant Muhammad the intercession and favor, and raise him to the honored station You have promised him, (verily You do not neglect promises)".

(Bukhari, Volume 1, Book 11, Number 588)

The Prophet (SAW) said: "He who blesses me once, Allah (SWT) would bless him ten times."

(Muslim, Book 004, Number 0808)

**ALLAHUMMA SALIL ‘ALAA MUHAMMIDIN WA ‘ALAA AZWAJII HI WA THUR-RYATIIHI, KAMA A SALLITA ‘ALAA AALI IBBAAHEEMA. WA BAAARIK ‘ALAA MUHAMMADIN WA ‘ALAA AZWAJII HI WA THUR-RYATIIHI, KAMA A BARAKATA ‘ALAA AALI IBBAAHEEMA. INNAA HAMEEMIAH-MAJEEED.**

"Oh Allah, bestow Your favor on Muhammad and upon his wives and progeny as You have bestowed Your favor upon the family of Ibrahim. And bless Muhammad and his wives and progeny as You have blessed the family of Ibrahim, You are full of praise, Most Glorious."

(Muslim, Book 004, Number 0807)

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Say: "I seek refuge with the Lord and Cherisher of Mankind, The King (or Ruler) of Mankind, from the evil of the Whisperer (devil who whispers evil in the hearts of men) who withdraws (from his whispering in one’s heart after one remembers Allah) who whispers into the hearts of Mankind,- among Jinns and among men". (Qur’aan: 114:1-6)

Whenever the Prophet (SAW) went to bed, he used to recite Surat-al-Ikhlas, Surat-al-Falaq and Surat-an-Nas and then blow on his palms and pass them over his face and those parts of his body that his hands could reach. And when he fell ill, he used to order Aisha (his wife) to do like that for him. (Bukhari, Volume 7, Book 71, Number 644)

Whenever Allah (SWT)'s Apostle became ill, he used to recite the last two Surahs of the Qur'an and then blow his breath and passed his hand over himself. (Bukhari, Volume 5, Book 59, Number 644)

IN DISTRESS

"La ilaha illa Anta, subhanaka inni kuntu mina alththalimeena"

"There is no god but You: Glorified are You: Truly I have been of the wrongdoers!"

(Qur’aan: 21:87)

"Qul a'AAothu birabbi alnnasi. Min sharri alkhannasi. Allathee yuwaswisu fee sudoori alnnasi. Maliki alnnasi. Ilahi alnnasi.);

"I seek protection for you in the Perfect Words of Allah from every devil and every beast, and from every envious blameworthy eye." (Bukhari, Volume 4, Book 55, Number 590)

Allahumma 'Aalimal-ghaibi wash-shahaadati faatirasaamaa-waati wa-arqhi, Rabba kulli shai’in wa maleekahu, ash-hadu allaa ilaahalaa illaa Anta, a'uthu bika min shari' nafsee, wa min sharrish shailtaan wa shirkiihi, wa an aqitarfa 'alaa nafsee soc'aaan, aw ajurratu ilaah Muslimim.

"O Earth, your Lord and my Lord is Allah I (therefore) seek His protection from your mischief and the mischief of what He has created within you and the mischief of what walks on you. And I seek Allah’s protection against lions, black cobras, snakes, scorpions. And I seek His protection from the inhabitants of this town and from every father and what he has sired". (Abu Dawud, Book 14, Number 2597)

Allahumma la ilaha illa Anta subhanaka innee kuntu mina alththalimeena "I seek protection for you in the Perfect Words of Allah from every devil and every beast, and from every envious blameworthy eye." (Bukhari, Volume 7, Book 71, Number 644)
All theenaa itha asabathum museebatun qaloo inna lillahi wainna ilayhi rajiioona

“Who say, when afflicted with calamity: “To Allah We belong, and to Him is our return”.

(Qur’aan: 2:156)

Hasbuna Allahu waniAma alwakeelu

“Allah is Sufficient for us, and He is the Best Disposer of affairs”.

(Qur’aan: 3:173)

Rabbana ikshif AAanna alAAathaba inna muminoona

“Our Lord! I seek refuge in you from grief and sadness, from weakness and from laziness, from miserliness and from cowardice, from being overcome by debt and from being overpowered by men (i.e. other people)”

(Bukhari, Volume 8, Book 75, Number 380)

Rabbana atina min ladunka rahmatan wahayyi lana min amrina rashadan

“Our Lord! bestow on us Mercy from Yourself, and dispose of our affair for us in the right way!”

(Qur’aan: 18:10)

This dua was recited by the people of the cave, known as ashaabul kahf, when they heard the sound of advancing soldiers, while running away from the army of the cruel king, who wanted to kill them because they, as true believers, refused to worship idols.

Annee massaniya alddurru waanta arhamu alrrahimeena

“Truly distress has seized me, but You are the Most Merciful of those that are Merciful.”

(Qur’aan: 21:83)

This dua was recited by Prophet Ayub (pbuh). Allah (SWT) put him through severe trials by taking away his wealth, health and children. His father, a descendant of Ishaq, was a very rich man. Although poor health, disease and poverty made him weak and miserable, he never complained or showed despair. His patience and endurance became a byword for coming generations till now.

FaAllahu khayrun hafithan wahuwa arhamu alrrahimeena

“But Allah is the best to take care (of them), and He is the Most Merciful of those who show mercy!”

(Qur’aan: 12:64)

Allahumma innee a’uthu bika minal-hammi wal-hazani wal-aiji wal-kasali wal-bukhli wal-jubni wa dhala’id-daini wa ghalarabtr rijaali

“Oh Allah, I seek refuge in you from grief and sadness, from weakness and from laziness, from miserliness and from cowardice, from being overcome by debt and from being overpowered by men (i.e. other people)”

(Qur’aan: 12:64)

This dua was recited by Prophet Ayyub (pbuh). Allah (SWT) put him through severe trials by taking away his wealth, health and children. His father, a descendant of Ishaq, was a very rich man. Although poor health, disease and poverty made him weak and miserable, he never complained or showed despair. His patience and endurance became a byword for coming generations till now.


“There is none worthy of worship but Allah the Mighty, the Forbearing. There is none worthy of worship but Allah, Lord of the Magnificent Throne. There is none worthy of worship but Allah, Lord of the heavens and Lord of the earth, and Lord of the Noble Throne”. (Bukhari, Volume 9, Book 93, Number 523 and Volume 8, Book 75, Number 356)

The Prophet (SAW) used to invoke Allah (SWT) at the time of distress. (Bukhari, Volume 8, Book 75, Number 357)
**GENERAL WELL BEING**

"O Allah! I beg of You blessings of entering and leaving. With Allah’s name do we enter and with Allah’s name do we leave and upon Allah, our Lord do we rely."

( Abu Dawud, Book 41, Number 5077)

"Allahumma rahmataka arjoo falaa takilnee ilaa nafsee tarfata ‘ainin, wa aslih lee sha’nee kullahu, laa ilaaha lila Anta."

"Oh Allah, I hope for Your mercy. Do not leave me to myself even for the blinking of an eye (i.e. a moment). Correct all of my affairs for me. There is none worthy of worship but You"

( Abu Dawud, Book 41, Number 5071)

"Qala rabbi ohkum bi alhaqqi warabbuna a alrrahmanu almustaAAanu AAala ma tasifoon"

"Say: “O my Lord! judge Thou in truth!” “Our Lord Most Gracious is the One Whose assistance should be sought against the blasphemies you utter!”

(Qur’aan: 21:112)

Prophet Muhammad (SAW) made this dua. This dua confirms Allah (SWT) as the ultimate Judge of truth and that He alone will protect us against blasphemies uttered by non-believers.

"Rabbana atina fid-dunya hasanatan wa fil ‘akhirati hasanatan waqina ‘adhaban-nar.

“Our Lord! Give us in this world that which is good and in the Hereafter that which is good, and save us from the torment of the Fire!”

(Qur’aan: 2:201)

"Allahumma innee a’uthu bi ridhaaka min sakhatika, wa bi mu’aa-faatika min ‘uqoobatika, wa a’uthu bika minka, laa uhsee thanaaa’an ‘alaika, Anta kamaa athnaita ‘ala nafsika."

"O Allah, I seek refuge in Your pleasure from Your anger, and in Your forgiveness from Your punishment, and I seek refuge in Thee from Thee (Your anger). I cannot count Your praises, You are as You have praised Yourself.”

( Muslim, Book 004, Number 0986)

"Allahumma aslamtu wajhi ilaika, wa fauwadtu amri ilaika, wa alja’tu Zahri ilaika rabhbatan wa rabhatan ilaika. La MaLaj’ wa la manja minka illa ilaika. Allahumma amantu bikaitabika-l-ladhi anzalta wa bina-biya’ka-l ladhi arsalla”

“O Allah! I surrender to You and entrust all my affairs to You and depend upon You for Your Blessings both with hope and fear of You. There is no fleeing from You, and there is no place of protection and safety except with You O Allah! I believe in Your Book (the Qur’an) which You have revealed and in Your Prophet Muhammad (SAW) whom You have sent”.

( Bukhari, Volume 1, Book 4, Number 247)

"Allahumma aslimtu wajhi ilaika, wa fauwadtu amri ilaika, wa alja’tu Zahri ilaika rabhbatan wa rabhatan ilaika. La MaLaj’ wa la manja minka illa ilaika. Allahumma amantu bikaitabika-l-ladhi anzalta wa bina-biya’ka-l ladhi arsalla”

“O Allah! I hope for Your mercy. Do not leave me to myself even for the blinking of an eye (i.e. a moment). Correct all of my affairs for me. There is none worthy of worship but You"

( Abu Dawud, Book 41, Number 5071)
"We have entered a new day and with it all the dominion which belongs to Allah, Lord of all that exists. Oh Allah, I ask You for the goodness of this day, its victory, its help, its light, its blessings, and its guidance. I seek refuge in You from the evil that is in it and from the evil that follows it." (Abu Dawud, Book 41, Number 5065)

"O Allah, I seek refuge in Your pleasure from Your anger, and in Your forgiveness from Your punishment, and I seek refuge in Thee (Your anger). I cannot count Your praises, You are as You have praised Yourself." (Muslim, Book 004, Number 0986)

"O Allah, forgive all my faults and sins. O Allah, grant me reverence, a pleasant life, lawful sustenance and guide me to do virtuous deeds and to have good character. Surely, none can guide to do good deeds and have good character except You and none can prevent from bad deeds and evil character except You". (Bukhari, Volume 8, Book 75, Number 407)

"I am pleased with Allah as My Lord, with Islam as my religion and with Muhammad as my Prophet". (Abu Dawud, Book 41, Number 5054)
"O Allah, unite our hearts and set aright our mutual affairs, guide us to the path of peace, liberate us from darkness by Your light, save us from obscene practices whether hidden or open, bless us in our ears, eyes, hearts, wives and children and accept our repentance: verily You are Oft-returning, Merciful; and grant us that we may be grateful to You and full of praise for You for Your bounty and that we may welcome it and be pleased to fulfill Your bounty for us". 

(Abu Dawud, Book 3, Number 0964)

"O Allah, I seek Your protection from acute hunger, for it is an evil companion and from dishonesty as it indicates a bad nature."

(Abu Dawud, Book 8, Number 1542)

"None is worthy of worship besides You. You have no partner. O Allah! I seek forgiveness from You for my sins and I seek Your mercy. O Allah! Increase me in my knowledge and let not my heart deviate after You have guided me and grant me special mercy from Your presence for You are the one who grants bounties without measure."

(Abu Dawud, Book 41, Number 5043)

"O Allah, I seek Your protection from vicious manners and actions, evil desire and diseases."

(Abu Dawud, Book 8, Number 1549)

"O Allah, I beg of You guidance, piety, chastity and independence (from your creation)."

(Muslim, Book 035, Number 6566)

"O Allah, unite our hearts and set aright our mutual affairs, guide us to the path of peace, liberate us from darkness by Your light, save us from obscene practices whether hidden or open, bless us in our ears, eyes, hearts, wives and children and accept our repentance: verily You are Oft-returning, Merciful; and grant us that we may be grateful to You and full of praise for You for Your bounty and that we may welcome it and be pleased to fulfill Your bounty for us". 

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(Abu Dawud, Book 8, Number 1549)

"O Allah, I beg of You guidance, piety, chastity and independence (from your creation)."

(Muslim, Book 035, Number 6566)
Subhaan Allaahi wa bi hamdhi, Subhaan Allaahil Adheem
"Glorified is Allah and praised is He, Glorified is Allah the Most Great".
(Bukhari, Volume 8, Book 75, No. 415)

The Prophet (SAW) said, “There are two expressions which are very easy for the tongue to say, but they are very heavy in the balance and are very dear to The Beneficent (Allah), and they are, ‘Subhan Allah Al-'Azim and ‘Subhan Allah wa bihamdhi’. ” (Bukhari, Volume 8, Book 75, No. 415)

The Prophet (SAW) said, ‘Whoever says, ‘Subhan Allah wa bihamdhi’, one hundred times a day, will be forgiven all his sins even if they were as much as the foam of the sea. (Bukhari, Volume 8, Book 75, Number 414)

“The Prophet (SAW) said, ‘Whenever you go to your bed, recite the Verse of “Al-Kursi” (2:255) for then a guardian from Allah (SWT) will be guarding you, and Satan will not approach you till dawn’. (Bukhari, Volume 4, Book 54, Number 495)

"O Allah, I seek Your protection from obstinacy, hypocrisy and all bad manners.”
(Abu Dawud, Book 8, Number 1541)

“O Allah, I seek Your protection from obstinacy, hypocrisy and all bad manners.”
(Bukhari, Volume 8, Book 75, No. 413)

SEEKING KNOWLEDGE AND WISDOM

Rabbi zidnee ilma
“My Lord! Increase me in knowledge”. (Qur’aan: 20:114)

This dua is taught by Muhammad (SAW) by Allah (SWT) Himself. The verse relates to an instruction not to hasten with Qur’aan before it is completely revealed. While revelation of the Qur’aan was incomplete, our Prophet (SAW) was instructed to make this dua. In our situation, when our knowledge is limited about Qur’aan, we should always make this dua to understand Qur’aan more.

Rabbi hab lee hukman waalhiqnee bialssaliheena
“My Lord! Bestow wisdom on me, and join me with the righteous”. (Qur’aan: 26:83)

Prophet Ibrahim (pbuh) made this dua. Ibrahim (pbuh) was making dawah to his father Azar and his people. The people were disbelievers. Ibrahim (pbuh) while explaining to the people about the truth and benefits of obeying Allah (SWT), made this dua. This dua stresses that our knowledge should guide us to be righteous. We are to be righteous, not blindly, but based on sound knowledge and wisdom.

SEEKING GUIDANCE

Lain lam yahdinee rabbee laakoonanna mina alqawmi alddalleena
“Unless my Lord guide me, I shall surely be among those who go astray”. (Qur’aan: 6.77)

AAasa rabbee an yahdiyanee sawaa alssabeeli
“I do hope that my Lord will show me the smooth and straight Path.” (Qur’aan: 28.22)

Rabbana la tuzigh quloobana baAAda ith hadaytana wahab lana min ladunka rahmatan innaka anta alwahhabu
“Our Lord! Let not our hearts deviate (from the truth) after You have guided us, but grant us mercy from You. You are the Grantor of bounties without measure”. (Qur’aan: 3:8)
seeking protection

"You Creator of the heavens and the earth! You are my Protector in this world and in the Hereafter. Take You my soul (at death) as one submitting to Your will (as a (Muslim), and unite me with the righteous."

(Qur’aan: 12:101)

Prophet Yusuf (peace be upon him) made this dua after he became the ruler of Egypt, and he met with his parents. The parents prostrated to Allah (SWT) and Yusuf (peace be upon him) realised his dream of eleven stars and the sun and the moon making obeisance to Allah (SWT).

"Oh Allah, I seek refuge in You lest I misguide others, or I am misguided by others, lest I cause others to err or I am caused to err, lest I abuse others or be abused, and lest I behave foolishly or meet with the foolishness of others."

(Alb Dawud, Book 41, Number 5075)

"O Allah, I seek Your protection from being buried alive (under the debris of a building falling down) and from falling down (from the roof of a building), from being drowned and from being burnt, and from evil old age; and I pray to be saved from the deceit of the devil at the time of death, from dying in holy war with my back to the enemy (i.e. while I am fleeing from battle) and from death caused by the biting of venomous animals."

(Alb Dawud, Book 8, Number 1547)

"O my Lord! If it had been Your will You could have destroyed, long before, both them and me: would You destroy us for the deeds of the foolish ones among us? This is no more than Your trial: By it You cause whom You will to stray, and You lead whom You will unto the right path. You are our Protector: so forgive us and give us Your mercy; for You are the best of those who forgive."

(Qur’aan: 7:155)

During the absence of Prophet Musa (pbuh), the Israelites took a calf as an object of worship. Oh Allah, guard me from what is in front of me and behind me, from me, from my left, and from my right, and from above me. I seek refuge in Your Greatness from being struck down from beneath me".

(Alb Dawud, Book 41, Number 5056)
SEEKING PATIENCE AND PERSEVERANCE

Rabbana afrigh AAalayna sabran watawaffana (Muslimeena)
“Our Lord! pour out on us patience and constancy, and cause us to die as (Muslims)
(Qur’aan: 7:126)

Wama lana alla natawakkala AAala Allahi waqad hadana subulana walanasbiranna AAala ma
athaytumoona waAAala Allahi falyatawakkali almutawakkiloona
“No reason have we why we should not put our trust on Allah. Indeed He Has guided us to
the Ways we (follow). We shall certainly bear with patience all the hurt you may cause us.
For those who put their trust should put their trust on Allah.”
(Qur’aan: 14:12)

SEEKING HEALTH

Allaahummaj'al fee qalbee nooran, wa fee lisaanee nooran, waj'al fee sam'ee nooran, waj'al fee
basaree nooran, waj'al min khalfee nooran, wa min amaamee nooran,waj'al min fauqee nooran,
wa min tahtee nooran, Allaahum-ma a'tinee nooran.
“O Allah, place light in my heart, and on my tongue, in my ears, in my eyes, and shed it at
the back of me, in front of me, above me and beneath me. O Allah! Grant me light”.
(Bukhari, Volume 8, Book 75, Number 328)

Allaahumma 'aafinee fee basaree, Allaahumma 'aafinee fee sam'e, Allaahumma 'aafinee fee
basaaree, laa Iaaha illa Anta. Allaahumma innee a'uthu bika min 'athaabil-qabri laa Iaaha illa Anta.
“O Allah, I seek refuge in You from disbelief and poverty and I seek refuge in You from the punishment of the
grave. There is none worthy of worship but You”.
(Alb Bukhari, Book 41, Number 5071)

Waqihimu alssayyiati waman taqi alssayyiati yawmaithin faqad rahimtahu wathalika huwa alfawzu
alAAatheemu
“And preserve them from (all) ills; and any whom You do preserve from ills that Day, on
them will You have bestowed Mercy indeed: and that will be truly (for them) the highest
Achievement”
(Qur’aaan: 40:9)

Allâthi-Khâlâqâni-Fâhowâ-Yâhdeen. Wallathi HowâYutCimoni Wayâsqeen. Wa’itha-Mâridtô-
Fâhowâ-Yâshfeen. Wâllâthi-Yumeetoni Thummâ-Yôhyeen. Wâllâthi-Atmâ ô-Ay-Yâghfira-Li-
Khâtee'âti Yâwmâd-din
“Who created me, and It is He who guides me; Who gives me food and drink, And when I
am ill, It is He who cures me; Who will cause me to die, And then to live (again); And who, I
hope, Will forgive me my faults On the Day of Judgment”.
(Qur’aaan: 26:78)
**SEEKING WEALTH**

Inna alfadla biyadi Allah yuteehi man yashao waAllahu wasi'Aun AAaleeumun.  
““All bounties are in the hand of Allah. He grants them to whom He pleases, and Allah cares for all, and He knows all things.”  
(Qur’aan: 3:73)

Subhanalla-thee sakh-khara-lana haatha wa-ma kun-na laho muqrineena wa inna ila Rabbina la-mun-qali-boon.  
“Glory be to Him (Allah) Who has brought this (vehicle) under our control though we were unable to control it. Sure, we are to return to our Lord”.  
(Qur’aan: 43:13)

WaAllahu khayru alrraziqeena:  
“Allah is the Best to provide (for all needs)”.  
(Qur’aan: 62:11)

Inna alfadla biyadi Allah yuteehi man yashao waAllahu wasi’Aun AAaleeumun.  
““All bounties are in the hand of Allah. He grants them to whom He pleases, and Allah cares for all, and He knows all things.”  
(Qur’aan: 3:73)

Waith qala ibraheemu rabbi ijAAal hatha baladan aminan waorzuq ahlahu mina alththamarati man amana minhum biAllahi waaiywami alakhirii qala waman kalara faomattiaAhuu qaleelan thumma  
“And remember Abraham said: “My Lord, make this a City of Peace, and feed its people with fruits,-such as believe in Allah and the Last Day.” He said: “(Yea), and such as reject Faith, for a while will I grant them their pleasure, but will soon drive them to the torment of Fire, an evil destination (indeed)!”.  
(Qur’aan: 2:126)

**WHEN TRAVELLING**

Waqala irkaboo feeha bismi Allahi majraha wamursaha inna rabbee laghafoorun raheem  
“So he said: “Embark ye on the Ark, In the name of Allah, whether it move or be at rest! For my Lord is, be sure, Oft-Forgiving, Most Merciful!”  
(Qur’aan: 11:41)

Waaahumma innaa nas’aluka fee safarinaa hathal-birra wat-taqwaa, wa minal-amali maa tardhaa.  
“Oh Allah, we ask you on this our journey for goodness and piety, and for works that are pleasing to You. Oh Allah lighten this journey for us and make its distance easy for us. Oh Allah, You are our Companion on the road and the One in Whose care we leave our family. Oh Allah, I seek refuge in you from this journey’s hardships, and from the wicked sights in store and from finding our family and property in misfortune upon returning.”  
(Muslim, Book 007, Number 3113)
WEARING NEW GARMENT

Allahumma lakal hamdu kama kasawwtanihi, as-saluka khayrahu wa-khayra ma-suni'a lahu wa-
a'udhu bika min sharrihi wa-sharri ma-suni'a lahu.

"Oh Allah, all praise and thanks to You for clothing me with this (garment). I ask You for the
good of it and the good of what it was made for, and I ask Your protection from the evil of it
and the evil of what it was made for."

( Abu Dawud Book 32, Number 4009: Tirmidhi (59) Hadith Number 7)

DUAS FOR SPEECH

Qala rabbi ishrah lee sadree. Wayassir lee amree. Waohlul AAuqdatan min lisanee. Yafqahoo

"Oh My Lord! Open for me my chest (grant me self-confidence, contentment, and
boldness). And ease my task for me; And loose the knot (the defect) from my tongue, That
they may understand my speech"

(Qur’aan: 20:26)

Prophet Musa (pbuh) made this dua while proceeding to the court of Firawn for the arguments. In
this dua, there is a request to increase one’s knowledge base – an important requirement for
arguments. The second request is to remove physical limitations or limitation of resources. The
third request is to allow him make lucid, easy to understand arguments. As we know, Musa (pbuh)
was successful in the Firawn’s court and the wise men in the court had accepted the truth.

DUAS FOR PARENTS

Rabbana ighfir lee waliwalidayya walilmumineena yaawma yaqomu alhisabu

"O our Lord! Make of us (Muslims, bowing to Your (Will), and of our offspring a nation
submissive unto You, and show us our Manasik (all the ceremonies of pilgrimage – Hajj
and Umrah) and accept our repentance. Truly You are the One Who accepts repentance,
the Most Merciful".

(Qur’aan: 2:128)

Rabbi awlzAane an ashkura niAAmataka aliate enAAamta AAalayya waAAala walidawya waan
aAAamala sahanu tardooh lee fee thurriyyateen innee tubtu ilayka wainnee mina al(Muslimeena

"O My Lord! grant me that I should be grateful for Your favor which You have bestowed on
me and my parents, and that I should do good such as You are pleased and do good to me
in respect of my offspring; surely I turn to You, and truly I submit (toYou) in Islam."

(Qur’aan: 46:15)

Rabbi ighfir lee walwaidawyaya wallma dakhala bayliya murinina wailimunina wailmuminatin
wala tazidi alththalimeenina ila tabaran

"O my Lord! Forgive me, my parents, all who enter my home as a believer, and (all)
believing men and believing women: and to the wrong-doers grant You no increase but
destruction!"

(Qur’aan: 71:28)

DUAS FOR OFFSPRING

Rabbi hab lee mina alssaliheena

"O my Lord! Grant me (offspring) from the righteous"

(Qur’aan: 37:100)

Rabbana waijAAalna (Muslimayni laka wamin thurriyyatina ommatan (Muslimatan laka waarina
manaskana watub AAalayya innaka anta allatwawbu alfrahemu

"Our Lord! Make of us (Muslims, bowing to Your (Will), and of our offspring a nation
submissive unto You, and show us our Manasik (all the ceremonies of pilgrimage – Hajj
and Umrah) and accept our repentance. Truly You are the One Who accepts repentance,
the Most Merciful."

(Qur’aan: 2:128)

Rabbi la tatharnee fardan waanta khayru alwaritheena

"O my Lord! Leave me not childless, though You are the Best of the inheritors."

(Qur’aan: 21:89)
Prophet Zakariya (pbuh) made this dua. Maryam was entrusted with Zakariya as a guardian. When Maryam grew up in purity and devoutness, Zakariya longed for such a child for himself, a child who would be pure, virtuous and honourable as Maryam.

Wainnee khiftu almawaliya min waraee wakanati imraatee AAaqiran fahab lee min ladunka waliyyan
"Now I fear (what) my relatives (and colleagues) (will do) after me: but my wife is barren: so give me an heir as from Yourself". (Qur'aan: 19:5)

Rabbi ijAlnee muqeema alssalati wamin thurriyyatee rabbana wtaqabbal duAai
"O my Lord! Make me one who establishes Prayer (Iqamat-as-Salat) and also (raise such) among my offspring O our Lord! And accept our dua”. (Qur'aan: 14:40)

Prophet Ibrahim (pbuh) supplicated to Allah (SWT) to make him steadfast in his Salaat. He also asked to make his offspring steadfast in their Salaat.

As a parent of Ismail and Ishaq, Prophet Ibrahim (pbuh) supplicated to Allah (SWT) to make him steadfast in his Salaat. He also asked to make his offspring steadfast in their Salaat.

**DUAS FOR FINDING A SUITABLE SPOUSE**

`Subhana allathee khalaqa alazwaja kullaha mimma tunbitu alardu wamin anfusihim wamimma la yaAAlamoona
“Glory to Allah, Who created in pairs all things that the earth produces, as well as their own (human) kind and (other) things of which they have no knowledge”`. (Qur’aan: 36:36)

**DUAS FOR SPOUSES**

Qul in kuntum tuhibboona Allaha faittabiAAoonee yuhbibkumu Allahu wayaghfir lakum thunoobakum waAllahu ghafourun raheemun
Say: “If you do love Allah, Follow me: Allah will love you and forgive you your sins: For Allah is Oft-Forgiving, Most Merciful.” (Qur’aan: 3:31)

Inna allatheena amanoo waAAamilooloo aассalati qurrata aAAyuun wajAAalna lilmuttaqeenaa imman
"On those who believe and work deeds of righteousness, will (Allah) Most Gracious bestow love". (Qur’aan: 19:96)

Rabbana hab lana min azwajina wathurriyyatee rabbana wtaqabbal duAai
"O my Lord! Bestow on us wives and offspring who will be the comfort of our eyes, and make us leaders of the Muttaqun (the righteous)." (Qur’aan: 25:74)

Waallafa bayna quloobihim law anfaqta ma fee alardi jameeAAan ma allafta bayna quloobihim walakinnna Allaha allafo baynahum innahu AAazeezun hakeemun
“And (moreover) He has put affection between their hearts: not if you had spent all that is in the earth, could You have produced that affection, but Allah has done it: for He is Exalted in might, Wise” (Qur’aan: 8:63)

**AT BEGINNING OF SEXUAL INTERCOURSE**

Bismillah, Allahuhamma jannibna-ss-shaitan, wa jannibi-ss-shaitan ma razaqtana
“In the name of Allah. O Allah! Protect us from Satan and also protect what you bestow upon us”. (Bukhari, Volume 8, Book 75, Number 397)
SORTING OUT DIFFERENCES

Our Lord! Forgive us our sins and our transgressions (in keeping our duties to You), establish our feet firmly, and give and give us victory against those who deny the truth.

(Qur'aan: 3:147)

SEEKING FORGIVENESS

Allattheena yaqooloona rabbana innana ammanaa faighfir lana thunoobana waqina AAathaba alnnari "Our Lord! We have indeed believed: forgive us our sins, and save us from the punishment of the Fire"                                                                                         (Qur'aan: 3:16)

Qala rabbi ighfir wairham waanta khayru alrrahimeena "So say: ‘O my Lord! grant You forgiveness and mercy for You are the Best of those who show mercy!’"                                                                                         (Qur'aan: 23:118)

SEEKING VICTORY OVER ENEMIES

When Talut (Saul) marched with his soldiers to confront Jalut (Goliath), the small force of Talut including Dawud made this dua. Jalut's army was larger than Talut's. But on Talut's side was Allah (SWT) since Talut was marching to establish a kingdom in the name of Allah (SWT). In the war, Talut's forces fought with the authority of Allah (SWT), in a response to this dua. Dawud killed Jalut, and Allah (SWT) gave Dawud the kingdom and wisdom.

(Qur'aan: 2:250)

Wama kana qawlhum illa an qaloo rabbana ighfir lana thunoobana waisrafana fee amrina wathabbit aqdamana waonsurna AAala alqawmi alkafireena "Our Lord! Forgive us our sins and our transgressions (in keeping our duties to You), establish our feet firmly, and give and give us victory against those who deny the truth".

(Qur'aan: 3:147)

Allahumma munzilal-kitaabi, saree'al-hisaabi ihzimil-ahzaaba, Allahumma ihzimhum wa zalzilhum.

"Oh Allah, Revealer of the Book, Swift to account, defeat the groups (of disbelievers). Oh Allah, defeat them and shake them".

(Bukhari, Volume 9, Book 93, Number 581)

Waqul rabbi ighfir wairham waanta khayru alrrahimeena "So say: ‘O my Lord! grant You forgiveness and mercy for You are the Best of those who show mercy!’"                                                                                         (Qur'aan: 23:118)

Qala rabbi onsurnee AAala alqawmi almuifsidena "O my Lord! Help Me against people who do mischief!"                                                                                         (Qur'aan: 29:30)

Page 29
Our Lord! Make us not a (test and) trial for the disbelievers, but forgive us, our Lord! Verily, You, only You, are the All-Mighty, the All-Wise."  
(Qur’aan: 60:5)

Our Lord! Forgive us our sins, blot out from us our iniquities, and take to Yourself our souls in the company of the righteous”.  
(Qur’aan: 3:193)

Our Lord! In You we have placed our trust, and to You do we turn in repentance, for unto You is the end of all journeys”.  
(Qur’aan: 60:4)

Our Lord! We have wronged our own souls: If you forgive us not and bestow not upon us Your Mercy, we shall certainly be lost”.  
(Qur’aan: 7:23)

Our Lord! I do seek refuge with You, lest I ask You for that of which I have no knowledge. And unless You forgive me and have Mercy on me, I should indeed be lost!”  
(Qur’aan: 11:47)

Prophet Nuh (pbuh) had requested Allah (SWT) to save his sinner son at the tie of Great Deluge on the pretext of he being a member of his family. He had made this request out of fatherly love for his son. But the son being a sinner and rejector of faith, was not to be saved. Allah (SWT) admonishes Nuh (pbuh) not to ask about which he has no knowledge. This dua is to be made to show humility in our mind and seek forgiveness and guidance from Allah (SWT).
**PROTECTION FROM TRIALS OF THE HEREAFTER**

Waallahtheena yaqooloona rabbana isrif AAanna AAathaba jahannama inna AAathabaha kana gharaman

“Our Lord! Avert from us the Wrath of Hell, for its Wrath is indeed an affliction grievous - Evil indeed is it as an abode, and as a place to rest in”.

(Qur'aan: 25:65)

Rabbana wasiAAAta kulla shayin rahmatan waAAilman faighfir lillatheena taboo waittabaAAoo sabeelaka waqihim AAathaba aijaheemi

“Our Lord! You comprehend all things in Mercy and Knowledge. Forgive, then, those who turn in Repentance, and follow Your Path; and save them from the torment of the Blazing Fire!”

(Qur'aan: 40:7)

Rabbana waadkhilhum jannati AAadnin allatee waAAadtahum waman salaha min abaihim waazwajihim wathurriyyatihim innaka anta alAAazeezu alhakeemu

“And grant, our Lord! that they enter the Gardens of Eternity, which You hast promised to them, and to the righteous among their fathers, their wives, and their posterity! For You art (He), the Exalted in Might, Full of Wisdom”.

(Qur'aan: 40:8)

Allaahumma innee a'uthu bika min athaabil-qabri, wa min 'athaabi jahannama, wa min fitnatil-mahyaa wal-mamaati, wa min sharri fitnatil-maseehid-dajjaal.

“O Allah! I seek refuge in You from the punishment of the grave, and from the punishment of Hell-fire, and from the trials of life and death, and from the evil of the trial of Dajjaal”.

(Bukhari, Volume 8, Book 60, Number 230)

Allaahumma laanee ahyaitahu minnaa fa ahyihi 'alalIslaami, wa man tawaf-faytahu minnaa fatawafahu ‘alal-imaani, Allaahumma laa tahrimnaa afrahu wa laa tudhillanaa ba' dahu.

“Whomever you give life from among us give him life in Islam, and whomever you take way from us take him away in Faith. Oh Allah, do not forbid us their reward and do not send us astray after them”.

(Abu Dawud, Book 20, Number 3195)

Allaahumma anta Rabbi la ilaha illa anta, Anta Khalaqtani wa ana abduka, wa ana ‘ala ahdhika wa wa'dika mastatta'tu, A'udhu bika min Sharri ma sana'tu, ab'u Laka bin'matika 'alaiya, wa Abu Laka bidhanbi faghfirli innahu la yaghfirhu adhdhunuba illa anta.

“O Allah! You are my Cherisher. There is no deity except You. You have created me and I am Your servant and as far as possible, I abide by my solemn promise and covenant (which I made to You). I seek Your protection against the consequences of my wrongdoings. I fully acknowledge the grace You have bestowed upon me and! confess my faults. So pardon me as none besides You can pardon sins”.

(Bukhari, Volume 8, Book 75, Number 318)
**ISTIHKARAH PRAYER**

Allahumma innee astakheeruka bu-ilmika, wa astaqdiruka biqudra-tika, wa as'aluka min fadhlikal - Adheem, fa innaka taqdiru wa laa aqdiru, wa ta'lamu, wa laa a'lamu, wa Anta 'Allaamul Ghuyoobi; Allahumma in kunta ta 'lamu anna haathal-amra,- — (then mention the thing to be decided) Khairun lee fee deenee wa ma'aashee wa 'aaqibati amree — (or say)— Aajilihi wa aajilihi. Faqdurhu lee wa yassirhu lee thumma baarik lee feehi wa in kunta ta'lamu anna haathal-amra sharrun lee fee deenee wa ma'aashee wa 'aaqibati amree — (or say) — ‘Aajilihi wa aajilihi. Fasrifhu 'annee wasrinee 'anhu waqdur liyal-khaira haithu kaana thumma ardhinee bihi.

"Oh Allah, I seek the counsel of Your knowledge, and I seek the help of Your omnipotence and I beseech You for Your magnificent grace. Surely You are Capable and I am not. You know and I know not, and You are the Knower of the unseen. You are the Light of the Heavens and the Earth; And all the praises are for You; You are the King of the Heavens and the Earth; And all the praises are for You; You are the Truth and Your Promise is the truth, And to meet You is true, Your Word is the truth And Paradise is true And Hell is true And all the Prophets (Peace be upon them) are true; And Muhammad is true, And the Day of Resurrection is true. O Allah ! I surrender (my will) to You; I believe in You and depend on You. And repent to You, And with Your help I argue (with my opponents, the non-believers) And I take You as a judge (to judge between us). Please forgive me my previous And future sins; And whatever I concealed or revealed And You are the One who make (some people) forward And (some) backward. There is none to be worshipped but you . Sufyan said that 'Abdul Karim Abu Umaiya added to the above, 'Wala haula Wala quwata illa billah' (There is neither might nor power except with Allah)."

*Bukhari Volume 2, Book 21, Number 263*

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**TAHAJJUD PRAYER**

Allahumma lakaal-hamd. Anta qaiyimus-samawati wal-ard wa man fihihna. Walakal-hamd, Laka mukus-samawati wal-ard wa man fihihna. Walakal-hamd, anta nurus-samawati wal-ard. Walakal-hamd, anta-l-haq wa wa'duka-l-haq, wa iq'a'uka Haq, wa qualuka Haq, wal-jannatu Han wan-naru Haq wannabiyyuna Haq, Wa Muhammadun, salial-lahu'alaihi wasaliam, Haq, was-sa'atu Haq. Allahumma aslamtu Laka rakabika amantu, wa 'Alaika tawakkaltu, wa ilaika anabtu wa bika khasamtu, wa ilaika hakamtu faghfir li ma qaddamtu wama akh-khartu wama as-rartu wama' lan tu, anta-l-muqaddim wa anta-l-mu akh-khir, la ilaha illa anta (or la ilaha ghairuka).

"O Allah! All the praises are for you, You are the Holder of the Heavens and the Earth, And whatever is in them. All the praises are for You; You have the possession of the Heavens and the Earth And whatever is in them. All the praises are for You; You are the Light of the Heavens and the Earth And all the praises are for You; You are the King of the Heavens and the Earth; And all the praises are for You; You are the Truth and Your Promise is the truth, And to meet You is true, Your Word is the truth And Paradise is true And Hell is true And all the Prophets (Peace be upon them) are true; And Muhammad is true, And the Day of Resurrection is true. O Allah ! I surrender (my will) to You; I believe in You and depend on You. And repent to You, And with Your help I argue (with my opponents, the non-believers) And I take You as a judge (to judge between us). Please forgive me my previous And future sins; And whatever I concealed or revealed And You are the One who make (some people) forward And (some) backward. There is none to be worshipped but you . Sufyan said that 'Abdul Karim Abu Umaiya added to the above, 'Wala haula Wala quwata illa billah' (There is neither might nor power except with Allah)."

*Bukhari Volume 2, Book 21, Number 221*